

Ready for School. Set for Life.

Partnering with parents and families to help all children, ages birth to 5, stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs in Pima County

Contact

Are you a parent or caregiver looking for resources and support?

Home Visitation

Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

Parent Education Community-Based Training

Strengthens families with young children by providing voluntary classes in community-based settings such as parenting groups, nutrition education, and support and education for teen parents.

Casa de los Niños

(520) 624-5600

Pascua Yaqui Tribe Si Tuisi Naate Program

(Services only available on the reservation)

(520) 879-6108

Desert Senita Community Health Center

(520) 387-5651

United Way of Tucson & Southern AZ

(520) 903-3954

Sunnyside Parents As Teachers

(520) 545-3650

Teen Outreach Pregnancy Services

(877) 882-2881

Make Way for Books

(520) 721-2334

Do you have parenting questions or need advice?

Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions.

Southwest Human Development

1-877-705-KIDS (5437)

Do you want information about your child's physical or oral health?

Oral Health (Services only available in South Pima)

Decreases preventable oral health problems in young children.

Pima County Health Department

First Smiles Matter

(520) 243-7782

Care Coordination/Medical Home

Improves children's health care and future development by ensuring they have a regular source of care.

International Rescue Committee

(520) 319-2128

Are you seeking quality child care for your, infant, toddler or preschooler?

Pre-K and Head Start Expansion

Increase the number of 3- and 4-year olds enrolled in high quality preschool programs that prepare them to succeed in kindergarten and beyond. This program is only available in the Tohono O'odham Nation region.

**Tohono O'odham Nation Education
Department**

(520) 383-7800

Quality First and Pre-K Child Care Scholarships

Provides scholarships to children to attend quality early care and education programs.

Valley of the Sun United Way Hotline

(866) 973-0012

www.azftfscholarship.org

First Things First Southeast AZ Regional Area Partnership Councils

For more information contact:

SE AZ Regional Office at (520) 628-6650

Lisette DeMars, Community Outreach Coordinator for Pima Regions at ldemars@azftf.gov (602) 320-4011

Aggie Nizhonie Hart, Community Outreach Coordinator for Pascua Yaqui Tribe and Tohono O'odham Nation at ahart@azftf.gov (602) 320-1609

Areas Served:

**North Pima, Central Pima, South Pima,
Tohono O'odham Nation and the
Pascua Yaqui Tribe**

Call the program contact numbers listed to learn if this program is available in your neighborhood